



Family Health
La Clinica

EXPLAINING THE BENEFITS

WHY JOHNSON & JOHNSON?

All FDA-approved vaccines have been proven to be **safe and effective** at preventing COVID-19. They are also **all** extremely effective at **stopping severe infections** that could cause you to be hospitalized or result in death.

The COVID **vaccines are your best bet** to protect you from getting sick. The FDA and CDC say to **get any of the approved vaccines** available to you **as soon as you can**.

Getting vaccinated as soon as you can best **protects you, those around you, and those in your community** from COVID-19.

Mild side effects are common in the first 3 days after vaccination **with all available vaccines**. **Severe side effects are rare** with any of the vaccines.

The CDC says that **2 weeks after your last vaccine dose**, you are **able to ease mask and distancing restrictions** with others who have been vaccinated and with those who are at low-risk for COVID-19. **The J&J vaccine is just one dose**, so you are protected sooner!

